

Intent

Why is PSHE important at Bridgetown?

PSHE teaches us how to make informed choices and be enterprising and ambitious.

Through PSHE education, we focus on achieving our potential by supporting our wellbeing and tackling issues that can affect our ability to learn, such as anxiety and unhealthy relationships.

In PSHE, we learn the importance of a healthy lifestyle and positive relationships.

Implementation

When is PSHE taught?

PSHE is taught both discretely and through thematic units. The Satellite View maps out which thematic units feature this subject and clearly shows the objectives taught. Separate lessons are also planned in across each phase.

How is PSHE taught?

PSHE is taught through a combination of subject knowledge and skill building. Learning takes place both inside and outside of the classroom through the Dimensions curriculum and our Protective Behaviours approach. Please see our Behaviour and Relationships policy to see further details on how Protective Behaviours is taught.

What do we learn in PSHE?

We learn about:-

- Physical, emotional and mental health
- Healthy lifestyles
- Hygiene
- Nutrition and food
- Aspirations
- Changing and growing
- Emotions
- Keeping Safe
- First Aid
- Similarities and differences

- Healthy relationships
- Discrimination
- Communication
- Collaboration
- Bullying

How Does Our Learning Grow?

Fairness
Family and friends
Rules and responsibilities
Communities
Money and finance
Diversity
Enterprise

How do we assess and monitor PSHE?

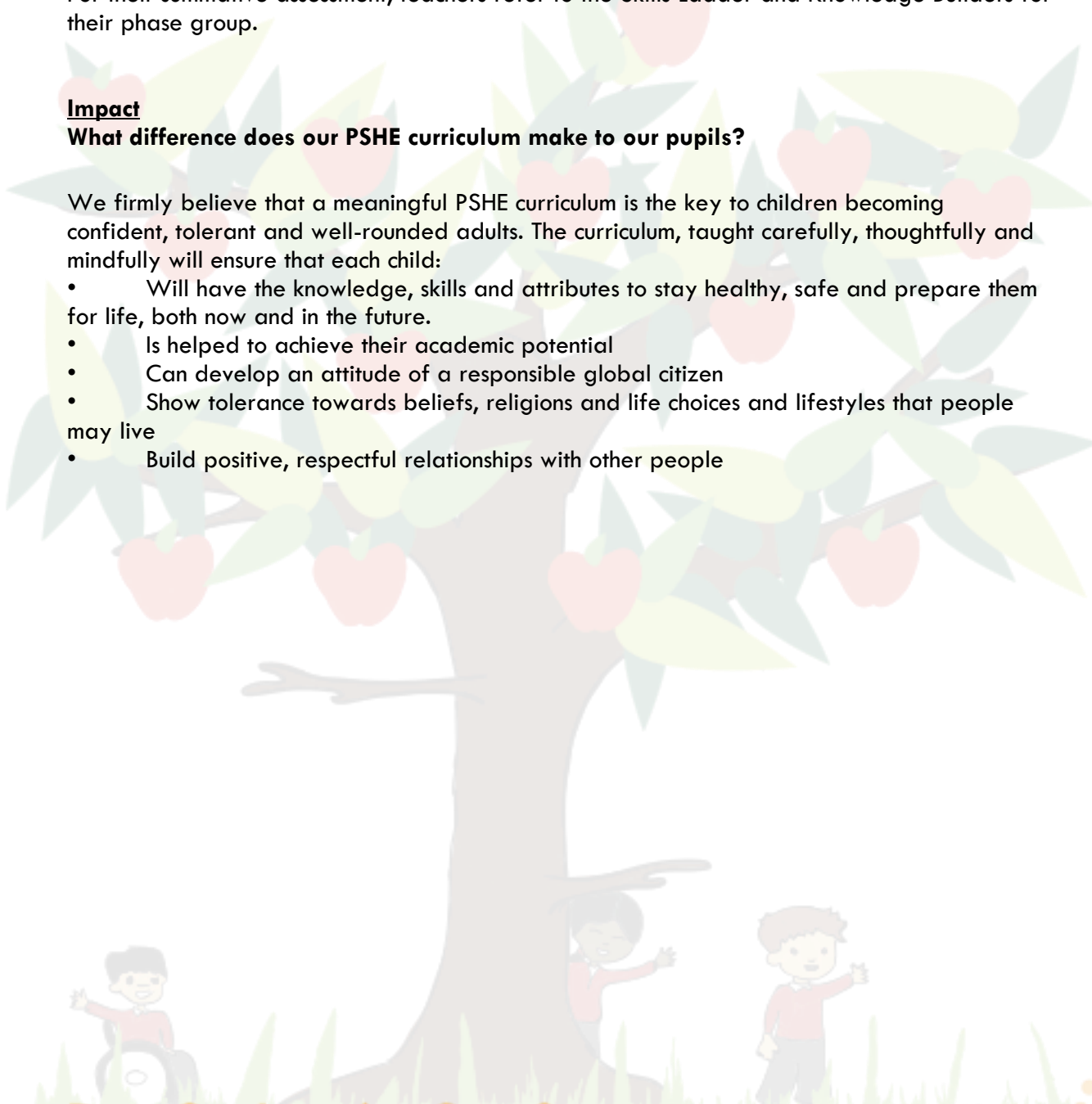
Formative assessment in PSHE occurs throughout the learning process, through dialogue and conversation with the children as they are working. At Bridgetown, we want to promote the whole child and value our children's individual responses in the subject; therefore, we should give open-ended feedback and use effective questioning techniques. For their summative assessment, teachers refer to the Skills Ladder and Knowledge Builders for their phase group.

Impact

What difference does our PSHE curriculum make to our pupils?

We firmly believe that a meaningful PSHE curriculum is the key to children becoming confident, tolerant and well-rounded adults. The curriculum, taught carefully, thoughtfully and mindfully will ensure that each child:

- Will have the knowledge, skills and attributes to stay healthy, safe and prepare them for life, both now and in the future.
- Is helped to achieve their academic potential
- Can develop an attitude of a responsible global citizen
- Show tolerance towards beliefs, religions and life choices and lifestyles that people may live
- Build positive, respectful relationships with other people



How Does Our Learning Grow?